

# Volunteer Opportunities for Pre-Health Students

This list provided for information only and does not imply endorsement of any organization. These opportunities are only a fraction of what is available; remember to be creative and don't be afraid to ask around! Please let your advisor know of other good opportunities we should add to this list.

## On-Campus Opportunities

Center for Civic Engagement	This office maintains a list of ongoing and one-time opportunities for OSU students. See list of opportunities on their website.	<a href="http://oregonstate.edu/cce/">http://oregonstate.edu/cce/</a> 541-737-3041
Student Health Services	Several options to serve as a peer health educator on campus.	<a href="http://studenthealth.oregonstate.edu/volunteer">http://studenthealth.oregonstate.edu/volunteer</a>
Cultural Ambassador Conversant Program	Meet with an OSU international student for informal conversation. Minimum 1-term commitment.	<a href="http://oregonstate.edu/international/cultural-ambassador">http://oregonstate.edu/international/cultural-ambassador</a>
IMPACT	Physical activity program for youth with special needs. 1-term minimum commitment. Application due each term by end of Week 1.	<a href="http://health.oregonstate.edu/IMPACT">http://health.oregonstate.edu/IMPACT</a> 541-737-2176

## Corvallis/Albany Opportunities

Community Outreach	Offers free clinics, housing, food, and childcare to the homeless and low-income populations of the local community.	<a href="http://www.communityoutreachinc.org">www.communityoutreachinc.org</a>
Good Samaritan Regional Medical Center	Corvallis location. Jobs in many different offices/departments. Application. Training. 6-month commitment. May have a waiting list.	<a href="http://www.samhealth.org/health-professionals/students/college">www.samhealth.org/health-professionals/students/college</a>
Samaritan Health Services	Hospital locations in Albany, Lebanon, Lincoln City, and Newport. Apply separately to each. Jobs in many different offices/departments.	<a href="http://www.samhealth.org/givingvolunteering/volunteering/applicationmaterials">www.samhealth.org/givingvolunteering/volunteering/applicationmaterials</a>
Albany InReach Services	Offers low-cost health care for the medically underserved residents of Albany, Millersburg and Tangent. Application.	<a href="http://www.samhealth.org/communitysupport/lowcostcommunityclinics/Pages/inreachservices.aspx">www.samhealth.org/communitysupport/lowcostcommunityclinics/Pages/inreachservices.aspx</a>
ABC House (All Because of Children)	Organization in Albany that supports children who are victims of abuse. Opportunities working with children and families.	<a href="http://www.abchouse.org/">www.abchouse.org/</a>
Evergreen Hospice House	An in-patient facility in Albany serving patients who are near end of life and their families. Training required.	<a href="http://www.samhealth.org/services/hospicepalliativecare/Pages/Hospice-House.aspx">www.samhealth.org/services/hospicepalliativecare/Pages/Hospice-House.aspx</a>
Benton Hospice	Organization provides end-of-life care to patients and their families in Corvallis. Training required. 1-year commitment requested.	<a href="http://www.bentonhospice.org">www.bentonhospice.org</a>
Old Mill Center for Children and Families	Organization provides services to support to at-risk children (ages birth to 18) and their families. Volunteers needed in classrooms and for events.	<a href="http://www.omill.org/">www.omill.org/</a> 541-757-8068
Chintimini Senior Center	Provides a variety of services to older adults in the Corvallis community. Many different volunteer opportunities.	<a href="http://www.corvallisoregon.gov/index.aspx?page=257">www.corvallisoregon.gov/index.aspx?page=257</a>
Grace Center Adult Day Care	Adult day services program for seniors and those recovering from surgery. Opportunities to interact with clients and lead activities. Application.	<a href="http://grace-adultdayservices.org">http://grace-adultdayservices.org</a>
Center Against Rape and Domestic Violence (CARDV)	Opportunities in advocacy, community education, and events. Organization supports survivors of domestic and sexual violence.	<a href="http://cardvservices.org/volunteer.php">http://cardvservices.org/volunteer.php</a>
The ARC of Benton County	Provides services and support to individuals with intellectual and developmental disabilities. Application. First aid/CPR training.	<a href="http://www.arcbenton.org/volunteer">http://www.arcbenton.org/volunteer</a>

Benton County Health Department	Provides public health programs and low-cost health services for the community. Call about specific volunteer opportunities or openings.	<a href="http://www.co.benton.or.us/health/">http://www.co.benton.or.us/health/</a>
Home Life	Organization supports independent living for adults with intellectual and developmental disabilities. Volunteers needed for special events only.	<a href="http://www.homelifeinc.org">www.homelifeinc.org</a>
Valley AIDS Info Network (VAIN)	Dedicated to HIV/AIDS and STDs prevention. Provides support to people living with HIV/AIDS. Event planning & community education positions.	<a href="http://www.valleyaidsinfo.org/">http://www.valleyaidsinfo.org/</a>
Jackson Street Youth Shelter	Supports Corvallis and Albany youth in crisis. Mentoring, tutoring, and special events opportunities. Application. Interview. Internships also.	<a href="http://www.jsysi.org/">http://www.jsysi.org/</a>
Boys & Girls Club Corvallis	Work with local K-12 youth. Many opportunities. Application. Orientation.	<a href="http://www.bgccorvallis.org/">http://www.bgccorvallis.org/</a>
Corvallis School District	Variety of opportunities working with K-12 youth. Classroom help, reading program, tutoring, college prep, etc. Application. Background check.	<a href="http://www.csd509j.net/en-us/districtinformation/departmentservices/volunteeropportunities.aspx">http://www.csd509j.net/en-us/districtinformation/departmentservices/volunteeropportunities.aspx</a>

### Salem/Mid-Valley Opportunities

Salem Health	Locations in Salem, Keizer, Dallas, and Monmouth. Jobs in many different offices/departments. Application. 6-month commitment.	<a href="http://www.salemhealth.org/volunteers/col.php">http://www.salemhealth.org/volunteers/col.php</a>
Community Outreach Clinic	Clinic for uninsured patients located in Silverton. Application. Orientation.	<a href="http://silvertonhealth.org/in-the-community/community-outreach-clinic">http://silvertonhealth.org/in-the-community/community-outreach-clinic</a>
Willamette Valley Hospice	Organization provides end-of-life care to patients and their families. Pet therapy program. Marion & Polk counties. Application. Training required.	<a href="http://www.wvh.org">www.wvh.org</a>
Marion County	Opportunities in several departments and programs including Health Department community health initiatives. Application.	<a href="http://www.co.marion.or.us/BS/VOL">http://www.co.marion.or.us/BS/VOL</a>
Salem Free Clinics	Bilingual community clinics. Religiously-affiliated (Christian). Training.	<a href="http://www.salemfreeclinics.org/">http://www.salemfreeclinics.org/</a>
Hands On Willamette	Browse volunteer opportunities in Marion, Polk and Yamhill counties.	<a href="http://www.handsonw.org/">http://www.handsonw.org/</a>

### Portland Metro Area Opportunities

Portland VA Medical Center	Provides health services to U.S Veteran's. Hospital campuses in Portland and Vancouver. Clinics in Hillsboro, West Linn, North Coast, The Dalles, etc.	<a href="http://www.portland.va.gov/giving/index.asp">http://www.portland.va.gov/giving/index.asp</a>
Doernbecher Children's Hospital	Jobs in many different offices/departments. Many opportunities working with children & families. Application. 6-months to 1-year commitment.	<a href="http://www.ohsu.edu/xd/health/services/doernbecher/">http://www.ohsu.edu/xd/health/services/doernbecher/</a>
MS Association of America	Opportunities in many areas to work improve the lives of individuals and their families affected by Multiple Sclerosis.	<a href="http://msoregon.org/">http://msoregon.org/</a>
Coalition of Community Health Clinics	Community health internships at clinics serving low-income populations in Portland area. 3 to 6-month commitment. Apply via resume/cover letter.	<a href="http://www.coalitionclinics.org/article/who-we-are/employment-volunteer-opportunities">http://www.coalitionclinics.org/article/who-we-are/employment-volunteer-opportunities</a>
Outside In Clinic	Provides medical services to people experiencing homelessness and poverty. Application. Must be 21. 100-hour commitment.	<a href="http://www.outsidein.org">www.outsidein.org</a>
OHSU: CRISP	Assist with data collection for clinical research projects in emergency medicine. 9-month commitment with regular shifts. Application.	<a href="http://www.ohsu.edu/emergency/crisp/">www.ohsu.edu/emergency/crisp/</a>

Critical Care Academic Associates Program	Assist with patient screening and data collection for clinical research projects in OHSU Hospital Intensive Care Units. 1-year commitment with regular shifts. Training. Application.	<a href="http://www.ohsu.edu/xd/research/centers-institutes/critical-care-academic-associates-program/">http://www.ohsu.edu/xd/research/centers-institutes/critical-care-academic-associates-program/</a>
Trauma Intervention Program	Serve as a well-trained citizen volunteer assisting emotionally traumatized individuals and families in emergency situations. Extensive training.	<a href="http://www.tipnw.org/">http://www.tipnw.org/</a>
Medical Teams International	Portland-based Christian global health organization. Mobile Dental program. Disaster response teams. Volunteer locally or abroad.	<a href="http://www.medicalteams.org/">http://www.medicalteams.org/</a>
Event Medical Services	Provides first aid services to spectators at events in Portland. First aid/CPR certification required. Flexible commitment. Sign-up for each event.	<a href="http://www.eventmed.us/index.html">http://www.eventmed.us/index.html</a> Contact Ron Forbes at <a href="mailto:Ron@eventmed.us">Ron@eventmed.us</a>
MIKE Program	Empowers youth to be health leaders in their communities to help reduce chronic disease. Some positions require training and commitment.	<a href="http://mikeprogram.org/">http://mikeprogram.org/</a>
Hands On Greater Portland	Browse volunteer opportunities throughout the Portland Metro Area.	<a href="http://www.handsonportland.org">www.handsonportland.org</a>

### Eugene/Springfield Opportunities

White Bird Clinic	Offers free medical and dental clinics, counseling, and other services to homeless and low-income community members. 1-term commitment.	<a href="http://www.whitebirdclinic.org">http://www.whitebirdclinic.org</a>
Volunteers in Medicine	Provides free medical clinics for low-income, uninsured adults. Application.	<a href="http://www.vim-clinic.org/">http://www.vim-clinic.org/</a>

### Southern Oregon Opportunities

Mercy Medical Center	Roseburg location. Jobs in many different areas of the hospital.	<a href="http://www.mercyrose.org/volunteers.php">http://www.mercyrose.org/volunteers.php</a>
Veteran's Affairs Roseburg Healthcare System	Provides health services to U.S Veteran's. Hospital in Roseburg. Clinics in Brookings, North Bend, Eugene, and Crescent City (CA).	<a href="http://www.roseburg.va.gov/giving/">http://www.roseburg.va.gov/giving/</a>
La Clinica	Provides health care access to seasonal farm workers. Neighborhood and school-based clinics. Locations in Medford and Central Point.	<a href="http://www.laclinicahealth.org/Page.asp?NavID=119&amp;menu=7">http://www.laclinicahealth.org/Page.asp?NavID=119&amp;menu=7</a>

### Central & Eastern Oregon Opportunities

Heart 'n Home Hospice & Palliative Care	Locations in Bend, La Pine, La Grande, Baker City, and western Idaho. Direct patient care and other opportunities. Application. Training.	<a href="http://www.gohospice.com/volunteer_services/">http://www.gohospice.com/volunteer_services/</a>
St. Charles Health System	Locations in Bend, Redmond, Prineville, & Madras. Application & background check required.	<a href="https://www.scmc.org/volunteers.html">https://www.scmc.org/volunteers.html</a>
St. Anthony Hospital	Pendleton location. Jobs in many different areas of the hospital.	<a href="http://www.sahpendleton.org/volunteer.html">http://www.sahpendleton.org/volunteer.html</a>
Good Shepherd Medical Center	Hermiston location. Jobs in many different areas of the facility.	<a href="http://gshcs.net/">http://gshcs.net/</a> Contact Volunteer Service at 541-667-3690
Harney District Hospital	Burns location. Jobs in many different areas of the facility.	<a href="http://www.harneydh.com/">http://www.harneydh.com/</a> 541-573-5184

### Multiple Location Opportunities (in Oregon, the Pacific Northwest, and across the U.S.)

Providence Hospitals & Medical Centers	Locations in Portland, Medford, Hood River, Seaside, Newberg, and Milwaukie. View volunteer details by location. Application.	<a href="http://oregon.providence.org/our-services/v/volunteering/">http://oregon.providence.org/our-services/v/volunteering/</a>
--	---	---

Special Olympics Oregon	Provides athletic opportunities for persons with mental disabilities. Ongoing and special events volunteers needed. Training may be required.	<a href="http://soorws.visionsiteclients.com/Sub-Page.aspx?Name=Volunteers&amp;PID=57">http://soorws.visionsiteclients.com/Sub-Page.aspx?Name=Volunteers&amp;PID=57</a>
Yakima Valley Farm Workers Clinic	Clinics serving low-income families and seasonal farm workers. Locations in Salem, Woodburn, Portland, Hermiston, and eastern Washington.	<a href="http://www.yvfwc.com/">http://www.yvfwc.com/</a>
SCREEN Program	Increase awareness of breast and cervical cancer screening. Public outreach in Linn, Benton, Lincoln & Lane counties. Application. Training.	<a href="http://www.samhealth.org/communitysupport/Pages/screenprogram.aspx">http://www.samhealth.org/communitysupport/Pages/screenprogram.aspx</a>
Oregon Long-Term Care Ombudsmen	Serve as an advocate for seniors and assure the quality of their long-term care. Training mandatory. 2-year commitment requested. Must be 21.	<a href="http://www.oregon.gov/ltco/pages/index.aspx">http://www.oregon.gov/ltco/pages/index.aspx</a>
Veteran's Affairs Student Volunteer Program	Wide variety of assignments available at VA medical facilities across the U.S. Orientation and training required.	<a href="http://www.volunteer.va.gov/StudentProgram.asp">www.volunteer.va.gov/StudentProgram.asp</a>
American Red Cross	Variety of health-related opportunities in local communities throughout the U.S. Commitments vary. Search by zip code and interests.	<a href="http://www.redcross.org/support/volunteer">http://www.redcross.org/support/volunteer</a>
Big Brothers Big Sisters	Get matched with a youth in your community and serve as a mentor through regular outings. 1-year minimum commitment. Application.	<a href="http://www.bbbsnorthwest.org/">http://www.bbbsnorthwest.org/</a>
Volunteer Match	Search for opportunities that match your interests. Anywhere in the U.S.	<a href="http://www.volunteermatch.org/">http://www.volunteermatch.org/</a>
Volunteers of America	Human service programs, including housing and healthcare, in 46 states, D.C. and Puerto Rico. Volunteer with one of 35 local offices.	<a href="http://www.voa.org/">http://www.voa.org/</a>

### International & Full-time Opportunities

Child Family Health International	CFHI partners with OSU to offer health-related IE3 Global Internships in Ecuador, India, Argentina, South Africa, and more.	<a href="http://oregonstate.edu/international/studyabroad/internships/ie3">http://oregonstate.edu/international/studyabroad/internships/ie3</a> and <a href="http://www.cfhi.org">http://www.cfhi.org</a>
Oregon Camp Adventure	Serve as a youth camp counselor in one of 20 countries world-wide. Summer-long commitment. Local training spring term. Minimum 2.5 GPA.	<a href="http://oregoncampadventure.weebly.com/">http://oregoncampadventure.weebly.com/</a>
Jesuit Volunteer Corps Northwest	Full-time volunteer opportunities in low-income communities in the Pacific Northwest. Must be 21 & have college degree. Religiously-affiliated.	<a href="http://jvcnorthwest.org/">http://jvcnorthwest.org/</a>
International Medical Volunteers Association	Lists of international aid organizations looking for volunteers for health-related experiences. Advice for students looking to volunteer abroad.	<a href="http://www.imva.org/">http://www.imva.org/</a>
Unite for Sight	Volunteer abroad in with non-profit group improving eye care in rural communities. Commitment 1-week to 1-year. Application. Travel and fees.	<a href="http://www.uniteforsight.org/">http://www.uniteforsight.org/</a>
Cross Cultural Solutions	International volunteering trips in Africa, Asia, and Central/South America. 1 to 12-week commitment. Application. Travel and fees.	<a href="http://www.crossculturalsolutions.org/">http://www.crossculturalsolutions.org/</a>
Peace Corps	Extended volunteer assignments in countries around the world. Public and community health projects available. Most volunteers serve 27 months.	<a href="http://www.peacecorps.gov/learn/">http://www.peacecorps.gov/learn/</a>
AmeriCorps	Full-time opportunities throughout the U.S. ranging in length from 10-week summer to 1-year. Serve critical needs in low-income communities.	<a href="http://www.americorps.gov/">http://www.americorps.gov/</a>
Teach for America	Teach for two years in high-need urban and rural communities throughout the U.S. College degree with 2.5 GPA required. Extensive training.	<a href="http://www.teachforamerica.org/">http://www.teachforamerica.org/</a>